

SEPTEMBER 19-28

THE RETURN
10 DAY
PRAYER PLAN



THE RETURN

NATIONAL AND GLOBAL DAY OF
PRAYER AND REPENTANCE

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THE RETURN 10 DAY PRAYER PLAN



HOW TO USE THIS PRAYER PLAN

Every day we start with a Prayer of Adoration. Why do we pray this way?

It's been said that "A picture is worth a thousand words." When we are able to "taste and see" God (PSALM 34:8), our hearts are alive because we can both receive love from Him and give love to Him.

IN ADORATION WE:

- **Praise** His character.
- **Acknowledge** His attributes.
- **Describe** His beauty.
- **Worship** Him as Savior.

In the Father's redemptive plan, it is His intention for Jesus, "the image of the invisible God" (COLOSSIANS 1:15), to be seen, known, and worshipped by every tribe and tongue throughout the nations of the earth. Praying the Bible and worshipping Jesus for who He is, joins the prayer and worship in Heaven (REVELATION 4) that continually adores Jesus in this way.

What makes Adoration prayer unique?

- Adoration is "He" centered vs. "We" centered.
- Our focus is on who He is not how we are doing.
- Our focus is on His worth not our circumstances.

Adoration builds faith in **who He is** so we can have **confidence** when we make our requests and **open hearts** when He speaks. As we pray, our hearts become positioned to "boldly come before the throne of Grace" (HEBREWS 4:16) in intercession.

ADORATION is agreement with who God is.

REPENTANCE is our acknowledgment that we are not where He is, but want to turn from our ways to align with Him.

INTERCESSION is agreement with what God has promised to do.

Why do we anchor our prayer and intercession in the Bible?

- The Bible is God's language, the language of His heart, the language of Heaven.
- The Bible is positive in nature and encouraging to our spirit and renewing to our minds.
- The Bible is faith-filled and has no doubt or unbelief.
- The Bible creates unity in God's people as we pray and worship from it.

MEDITATION focuses on our 'take away'.



DAY ONE: A NINEVAH MOMENT

KEY SCRIPTURE:

"The Ninevites believed God. A fast was proclaimed, and all of them, from the greatest to the least, put on sackcloth." (JONAH 3:5)

ADORATION: YOU ARE COMPASSIONATE

*"Yet even now...Return to Me with all your heart, and with fasting, weeping and mourning; and rend your heart and not your garments. Now Return to the LORD your God, for He is gracious and compassionate, slow to anger, abounding in lovingkindness, and relenting of evil. **Who knows** whether He will not turn and relent, and leave a blessing behind him?" (JOEL 2:12-14)*

"Then the LORD passed in front of Moses and proclaimed [His name], 'The LORD, the LORD God, compassionate and gracious, slow to anger, and abounding in lovingkindness and truth...'" (EXODUS 34:6)

REPENTANCE:

"We have sinned, committed iniquity, acted wickedly, and rebelled, turning aside from Your commandments... Open shame belongs to us... and to our kings... because we have sinned against you... because of our sins... your people have become a reproach to those around us... we are not presenting these supplications because of any merits of our own, but because of your great compassion." (DANIEL 9:1-20 excerpts)



Father, forgive us for great Sins in our nation and as believers. We have forsaken God and ignored His Word. We have shed innocent blood and hated one another. We have committed sexual immorality. We have worshipped money and trusted in our own strength. Forgive us!

INTERCESSION:

"O Lord, Hear! O Lord, Forgive! O Lord, Listen and Take Action!" (JOEL 2:12-14)



Father, let Your eyes be open and Your ears attentive to our prayers and repentance for the people of God and for our nation.



Father, forgive us, Your people, for our sins that have grieved Your heart and deserve righteous judgment.



Father, our human action is weak and inadequate for the problems we are facing. We do not trust in kings or princes, in politics or the power of our own hands, but our eyes are on You. Would You rise and take action to revive your Church and to bring about a great turning in this moment of crisis?

MEDITATION:

- Are we in a Nineveh Moment?
- If so, how can I rightly respond to this divine opportunity over the next 10 Days?



DAY TWO: AN UPPER ROOM POSTURE

KEY SCRIPTURE:

“These all with one mind were continually devoting themselves to prayer.”
(ACTS 1:14)

ADORATION: YOU ARE BEAUTIFUL TO BEHOLD

“Your eyes will see the King in His beauty...” (ISAIAH 33:17)

“But we all, with unveiled face beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory...”
(2 CORINTHIANS 3:18)

“But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to myriads of angels, to the general assembly of the firstborn who are enrolled in Heaven, and to God...” (HEBREWS 12:22-23)

REPENTANCE:

“I have heard of You by the hearing of the ear; But now my eye sees You; Therefore I retract, And I repent in dust and ashes.” (JOB 42:5-6)



We repent of being absorbed by the worries and pleasures of an earth-bound life, and not continually devoting ourselves to beholding Your transformative and empowering beauty.



We repent of trying to extend Your Kingdom through our own understanding instead of tasting Your glory that would make us witnesses of You.

INTERCESSION:

“Oh, give ear, Shepherd of Israel, You who lead Joseph like a flock; You who are enthroned above the cherubim, shine forth!” (PSALM 80:1)



Father, give our generation the light of the knowledge of You in Christ. Disrupt and refine our routines so that we find the delights of Your upper room again!

Show us Your glory and make us one!

MEDITATION:

- What does it look like to have an “upper room posture” over the remainder of these 10 Days?
- Am I an “eye-witness” of Jesus in the world, speaking of what I have seen and experienced of Him?
- What parts of my witness to others is focused on opinions “about” Jesus rather than an “eye witness” account?



DAY THREE: HUMILITY

KEY SCRIPTURE:

"God opposes the proud, but gives Grace to the humble." (JAMES 4:6)

ADORATION: YOU ARE GRACIOUS TO THE HUMBLE

"Yes, God does these things again and again for people. He rescues them from the grave so they may enjoy the light of life." (JOB 33:29-30)

"My grace is all you need. My power works best in weakness. So now I am glad to boast about my weaknesses, so that the power of Christ can work through me." (2 CORINTHIANS 12:9)

"God blesses those who are humble, for they will inherit the whole earth." (MATTHEW 5:5)

REPENTANCE:

"Let all that I am wait quietly before God, for my hope is in him. He alone is my rock and my salvation, my fortress where I will not be shaken. My victory and honor come from God alone. He is my refuge, a rock where no enemy can reach me. O my people, trust in him at all times. Pour out your heart to him, for God is our refuge." (PSALM 62:5-8)



Lord, I acknowledge that often I am motivated by the urgency of this life; I speak and act without knowing Your heart first. When I forget how near You are, convict my heart and increase my confidence that You live and move within me. Let me experience Your peace empowering me to wait for Your Spirit to fill my inner man. Through being filled with Your fullness, Jesus, I will accomplish the will of God.

INTERCESSION:

"For the LORD of Heaven's Armies has a day of reckoning. He will punish the proud and mighty and bring down everything that is exalted... Human pride will be humbled, and human arrogance will be brought down. Only the LORD will be exalted on that day of judgment..." (ISAIAH 2:12,17)



Lord, Lord, You are the judge of the earth. You will judge all human pride and destroy the wisdom of this age. Send forth light and truth to awaken hearts so that many will bow down and worship the Son. Let many acknowledge their violation of Your will and turn to worship and serve You.

MEDITATION:

- Is there an area of compromise or trusting in my abilities (pride) that should be submitted to Christ, allowing His grace to come into my life?
- What does true humility look like according to Scripture? How is that different than what people often think of as humility?



DAY FOUR: TURNING FROM EVIL DEEDS

KEY SCRIPTURE:

“Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.” (PSALM 139:23-24)

ADORATION:

YOU ARE FORGIVING TO THOSE WHO TURN FROM EVIL

“Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions.” (PSALM 51:1)

“If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” (1 JOHN 1:9)

“He does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear him; for he knows how we are formed, he remembers that we are dust.” (PSALM 103:10-14)

REPENTANCE:

“In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace.” (EPHESIANS 1:7)



Father in heaven, You know us too well. You understand we are like sheep and all of us have gone astray. Blot out our transgressions through the finished work of Christ. Forgive our repeated offenses against You and Your Name. Restore us, through Your grace, as Your sons and daughters.



Wash me and make me white as snow. Cleanse me from every evil thought. Renew a steadfast spirit within me. Do not cast me away from Your presence or take Your Holy Spirit from me. Restore to me the joy of Your salvation that I might experience Your holiness.

INTERCESSION:

“Though your sins are like scarlet, I will make them as white as snow. Though they are red like crimson, I will make them as white as wool.” (ISAIAH 1:18)



Father, grant me Your pardon for my grievous sins and help me to become a fragrant offering that is pleasing to You. God, thank You for Your patience with our country. Give us a contrite heart that we may see the joy of repentance as we turn from our evil and sinful way back to You.

MEDITATION:

- How/when do you find yourself hiding your true self from God?
- What would it look like for you to live openly before Him?
- What would it look like for a community (a family, a city, a nation) to live openly before God?



DAY FIVE: TURNING OUR HEARTS TO GOD

KEY SCRIPTURE:

“Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.” (ACTS 3:19)

ADORATION:

YOU ARE THE SOURCE OF TIMES OF REFRESHING

“Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.” (2 CORINTHIANS 5:17)

“Grace and peace to you from God our Father and the Lord Jesus Christ, who gave himself for our sins to rescue us from the present evil age, according to the will of our God and Father, to whom be glory for ever and ever. Amen.” (GALATIANS 4:3-5)

“To him who is able to keep you from stumbling and to present you before his glorious presence without fault and with great joy—to the only God our Savior be glory, majesty, power and authority, through Jesus Christ our Lord, before all ages, now and forevermore!” (JUDE 1:24-25)

REPENTANCE:

“The reason the world does not know us is that it did not know him. But we know that when Christ appears, we shall be like him, for we shall see him as he is. All who have this hope in him purify themselves, just as he is pure.” (1 JOHN 3:1-3)



Father of mercies, we confess that we have sinned against You. By Your Holy Spirit, come and work repentance into our hearts. Help us to see Jesus, the friend of sinners, and to follow Him more faithfully.



Gracious Savior, as a nation we have abandoned Your ways. As a Church, we have been timid in proclaiming Your holiness and righteousness. As people, we have worshipped idols because they demanded so little from us. Hear our cries and forgive our sins so that times of refreshing may come, and You may send Jesus.

INTERCESSION:

“I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.” (GALATIANS 2:20)



Holy Father, where I am weak, You are strong. Help me to abide in You that I may have faith to live according to the calling You have placed on my life. Jesus, wipe out all my transgressions. Eradicate every thought that is impure. Bind up the broken places in my heart and let Your peace refresh my soul.

MEDITATION:

- What benefits or blessings are promised for those who turn to God?
- What would “times of refreshing” look like in my family?



DAY SIX: WAITING ON GOD

KEY SCRIPTURE:

"In repentance and rest you will be saved. In quietness and trust is your strength." (ISAIAH 30:15)

ADORATION:

YOU ARE GOOD TO THOSE WHO WAIT ON YOU

"The Lord is good to those who wait for Him, to the person who seeks Him. It is good that he waits silently for the salvation of the Lord." (LAMENTATIONS 3:25)

"When the Lamb broke the seventh seal, there was silence in Heaven... and much incense was given to him that he might add it to the prayers of the saints... and there followed peals of thunder, and sounds, and flashes of lightning and an earthquake..." (JOHN 14:27)

"...The words of Job are ended." (JOB 31:40)

REPENTANCE:

"Now he waited... but Samuel did not come... and the people were scattering from him... so I [Saul] forced myself..." (1 SAMUEL 13:8-12)



Father, we repent for being constrained by what is popular, what sells, and what methods work. We have been led astray by brilliant marketers and have forced ourselves to act for quick results.



We return to wait upon You, for our hearts to burn again as we make room for Your glory in our silence... Our words are ended.

INTERCESSION:

"Let him put his mouth in the dust, perhaps there is hope." (LAMENTATIONS 3:29)



God of all hope! Fill us with all joy and hope and peace in believing so that we may abound in hope by the power of the Holy Spirit.

Oh would You rend the Heavens and come down so that our mountains would melt like wax!

MEDITATION:

- Am I satisfied and content with the Lord in silence?
- Where is God calling me to be still and wait for Him to act, rather than taking matters into my own hands?
- What does it look like for a nation to wait on God?



DAY SEVEN: FROM DISPAIR TO HOPE

KEY SCRIPTURE:

"I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit." (ROMANS 15:13)

ADORATION: YOU ARE THE GOD WHO GIVES HOPE

"For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope." (JEREMIAH 29:11)

"I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid." (JOHN 14:27)

"And we know that all things work together for good to those who love God, to those who are called according to His purpose." (ROMANS 8:28)

REPENTANCE:

"Then Jesus said, 'Come to me, all of you who are weary and carry heavy burdens, and I will give you rest'." (MATTHEW 13:8-12)



Forgive us for putting our hope in things other than You. We confess that by doing this we have lost our anchor of peace and confidence and welcomed in fear and anxiety. We come to You, exchanging our weariness for Your rest.



We lay down any burden of fear at Your feet—fear of the unknown, people, disease, the economy, war, or death. We set our minds on Your perfect love that casts out fear.

INTERCESSION:

"But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive." (GENESIS 50:20)



Fill our hearts with courage. May Your awesome power, Your comforting presence in any storm, and Your guiding wisdom replace our fear and timidity.



Fill our hearts with optimism based on Your promises. May we look at today's broken world not in fear or despair, but in the light of Your ability and purpose to work all things for good.

MEDITATION:

- Corrie ten Boom once said: "God has no problems, only plans... When I try, I fail. When I trust, He succeeds."
- Turn your thoughts to a hopeless situation in your own life... is it possible for God to bring this situation from despair to hope?

DAY EIGHT: FOR SALVATION AND A GREAT HARVEST



KEY SCRIPTURE:

"May God be gracious to us and bless us; look on us with favor, so that your way may be known on earth, your salvation among all nations." (PSALM 67:1)

ADORATION: YOU ARE THE GOD WHO SAVES

"For you are saved by grace through faith, and this is not from yourselves; it is God's gift—not from works, so that no one can boast." (EPHESIANS 2:8-9)

"For God so loved the world, that He gave His only begotten son, that whosoever believes in Him should not perish, but have everlasting life." (JOHN 3:16)

"If you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised Him from the dead, you will be saved. One believes with the heart, resulting in righteousness, and one confesses with the mouth, resulting in salvation." (ROMANS 10:9-10)

REPENTANCE:

"I will bless you and you shall be a blessing. And in you all the families of the earth shall be blessed." (GENESIS 12:2-3)

We are blessed to be a blessing. We repent of our selfish hearts that seek only to be 'blessed' instead of 'being a blessing'.

We repent of missing our call of making the Gospel all about saving others, by making the Gospel all about saving me instead.

INTERCESSION:

"How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation..." (ISAIAH 52:7)

Father, fill us with compassion for the lost. Replace our self-centered agendas with Your self-giving sacrificial love. May we see each personal need through Your eyes.

We pray for a great harvest of lost souls. Do a supernatural work of preparation in their hearts to receive You. Fill our hearts with Boldness to share and declare who You are.

MEDITATION:

- What are some hindrances you feel to sharing your faith?
- What is the boldest you have ever been for Christ? Why were you so bold in that situation?

DAY NINE: TRANSFORMATION FOR INDIVIDUALS, CITIES AND NATIONS



KEY SCRIPTURE:

"I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh." (EZEKIAL 36:26)

ADORATION: YOU ARE THE GOD WHO TRANSFORMS

"May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ." (1 THESSALONIANS 5:23)

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - his good, pleasing and perfect will." (ROMANS 12:2)

"Learn to do good. Seek justice. Help the oppressed. Defend the cause of the orphans. Fight for the rights of widows." (ISAIAH 1:16,17)

REPENTANCE:

"He has shown you o man, what is good and what does the Lord require of you? To do justly, to love mercy and to walk humbly with your God." (MICAH 6:8)



We repent for living a 'superficial' Gospel; ignoring our heart problem and instead being satisfied with our outside appearance.



We repent for ignoring Your call to be agents of transformation by showing Your mercy and justice in our cities and nations.

INTERCESSION:

"You are the light of the world... let your light shine before others, that they may see your good deeds and glorify your Father in heaven." (MATTHEW 5:14-16)



Lord, make us into a people that walk in Your light and shine Your light to the world. We give You the darkest corners of our towns, cities, and nations, knowing only Your Light can bring transformation.



Father, lead us to do good deeds that bless our communities and bring honor to Your Name.

MEDITATION:

- In the light of God's beautiful inside transformation, ask the Holy Spirit what area in your heart He wants to transform with His Love.
- As His agent of transformation, bringing justice and mercy to your neighborhood, what is your call to action?

DAY TEN: FOR GOD'S PEOPLE TO SEIZE A "KAIROS" MOMENT



KEY SCRIPTURE:

"And now, Lord, take note of their threats and grant that Your servants may speak your word with boldness while... signs and wonders take place through the name of Your Holy servant Jesus." (ACTS 4:29-30)

ADORATION: YOU ARE THE GOD WHO GRANTS BOLDNESS

"Blessed be the name of God forever and ever, for wisdom and might are His. And He changes the times and the seasons; He removes kings and raises up kings; He gives wisdom to the wise and knowledge to those who have understanding." (DANIEL 2:20-21)

"Oh, the depth of the riches both of the wisdom and knowledge of God! How unsearchable are His judgments and His ways past finding out!" (ROMANS 11:33)

"...Christ, the faithful witness, the firstborn from the dead, and the ruler over the kings of the earth. To Him who loved us and washed us from our sins in His own blood, and has made us kings and priests to His God and Father, to Him be glory and dominion forever and ever. Amen." (REVELATION 1:5-6)

REPENTANCE:

"Even when there was no reason for hope, Abraham kept hoping, believing that he would become the father of many nations... And Abraham's faith did not weaken, even though... he figured his body was as good as dead, and so was Sarah's womb. Abraham never wavered in believing God's promise. In fact, his faith grew stronger, and in this he brought glory to God. He was fully convinced that God is able to do whatever he promises." (ROMANS 4:18-21)



Lord, Abraham first attempted to fulfill Your promise in his own timing and with his own resources (i.e. Ishmael). There are times, in the same way, that we attempt to bring forth Your purposes without discerning Your appointed time. Expose the deeper motivations that lead us into this error and fill us with great expectation and revelation of Your timing to accomplish every promise made in Christ!

INTERCESSION:

"The LORD shall send the rod of Your strength out of Zion. Rule in the midst of Your enemies! Your people shall be volunteers in the day of Your power..." (PSALM 110:2-3)



Lord Jesus, the Father will give You millions of people who accurately discern the times, love the truth, and freely volunteer in the day of Your power! Prepare us in devotion and empower us to walk in works of righteousness and mercy and to be a free-will offering in service to You!

MEDITATION:

- Is there any unfulfilled promise from the Lord in which you need to abound in faith?
- What doors of opportunity has God opened and is He waiting for you to act on?
- What action steps has God put on your heart out of these 10 Days?